

PRESS RELEASE

For medical, trade and consumer media

Central Manchester University Hospitals NHS Foundation Trust named as winner of AbbVie's inaugural Sustainable Healthcare 'Patients as Partners' Award

'Patients as Partners' awards recognise those who have made an exceptional contribution to the lives of patients and contributed toward a more sustainable health service

MAIDENHEAD, UK, For Immediate Release, November, 29, 2016 – AbbVie, a global biopharmaceutical company, today announced the winners of its inaugural Sustainable Healthcare 'Patients as Partners' Award. Central Manchester University Hospitals NHS Foundation Trust and The Manchester Royal Eye Hospital, was recognised for its outstanding achievements in the 'Enabling patients with technology' category.

The trust in Manchester was praised for its launch of an innovative hand-held device, Icare HOME, which patients can use themselves to detect raised intraocular pressure – a key risk factor associated with glaucoma. The device means fewer hospital admissions and disruptions to patients day-to-day living.

As a winner in the this category, the team will receive a bursary of up to £3,000 to spend on conference attendance or research that will benefit patients and/or the NHS.

Karen Cairns, Specialist Glaucoma Nurse, said: "We are delighted to have been listed to the final 3 and won in the category 'enabling patients with technology'. It is excellent recognition for the Manchester Royal Eye Hospital and the Glaucoma service and team that continually strive to improve patient experience and clinical outcomes and we are very proud to have received this award."

This is the first year AbbVie has held the 'Patients as Partners' awards, which were announced at the second 'Going Beyond Medicine' Conference at the King's Fund in London, held in partnership with the Royal College of Medicine.

The awards were created by AbbVie to recognise, celebrate and raise awareness of good examples of improvements and innovation that demonstrate clear benefit to the lives of patients and make our health services more sustainable, as part of its *Sustainable Healthcare Initiative*.

Jane Dwelly, Strategy Director at HIMSS UK and Head Judge, commented: *"The use of a device that patients can use at home at different times of the day to measure intraocular pressure will achieve two things. It allows patients with glaucoma to continue their life without travelling to clinics to complete a simple test. This means patients will record more readings than before."*

Over 70% of the NHS budget, or £7 out of every £10, goes on care for people living with long-term conditions.ⁱ To tackle this challenge, AbbVie has invested in its *Sustainable Healthcare Initiative* since

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2014, to develop solutions to help make health services sustainable for the future and help people living with long-term conditions get better outcomes and to better use resources.

Matt Regan, UK General Manager, AbbVie commented: *“We are proud to recognise the people and organisations that are making a real difference to both patients and the healthcare system in the UK. If together we can help the NHS to better support people with long-term conditions, not only will people have better health outcomes but resources will be better used and the service will make headway towards meeting the funding shortfall.”*

-Ends-

Notes to editors

About the awards

The panel of judges assembled by AbbVie were looking for outstanding examples of improvement and innovation that demonstrates clear benefits to the lives of patients to make our health service more sustainable. There are three award categories which are listed below:

- Supporting individuals to take control of their care - this award focuses on initiatives that can enable people to take a new approach to their care and wellbeing by really taking control
- Enabling patients with technology - this category recognises and celebrates the very best example of technology that empowers and puts patients at the centre of their health and wellbeing
- Making health and social care patient friendly - this is awarded to the best team of organisations and partners that join up health and social care, centering it around the patient and their needs

The awards are designed for people who are responsible for developing and running initiatives relevant to one of the categories across the whole of the NHS in England. Healthcare professionals, healthcare organisations and patient groups were invited to enter.

To ensure rigour and balance an independent multi-disciplinary judging panel was assembled to judge the categories.

About AbbVie

AbbVie is a global, research-based biopharmaceutical company formed in 2013 following separation from Abbott Laboratories. The company's mission is to use its expertise, dedicated people and unique approach to innovation to develop and market advanced therapies that address some of the world's most complex and serious diseases. Together with its wholly-owned subsidiary, Pharmacyclics, AbbVie employs more than 28,000 people worldwide and markets medicines in more than 170 countries. For further information on the company and its people, portfolio and commitments, please visit www.abbvie.co.uk

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ⁱ Department of Health, *Long term conditions compendium of information – third edition*, May 2012, page 3

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